



Spas are devoted to enhancing overall well being through a variety of professional services that encourage the rejuvenation of both body and soul. A visit to a Spa in Israel would not be complete without a visit to a Dead Sea SPA, especially our LotuSpa.

### Massages

	Name	Description	Intensity & Recommendations	Duration	Price
M1	<b>Lotus special of the House</b>	A combination of classic and Far Eastern massage. Movements and mild strokes performed with gloves soaked in aromatic hot oil	Intensity: Medium to Gentle Recommended: To release general stress	<b>60 min.</b>	<b>380 NIS</b>
M2	<b>Medical</b>	The Massage techniques are based on human anatomy and the knowledge of the skeleton system & the muscles.	Intensity: Varies Purpose: Relief pains & release stiff muscles	<b>30 min. 50 min.</b>	<b>285 NIS 390 NIS</b>
M3	<b>Anti-Stress</b>	A full body massage, focusing on the upper back, combining reflexology, scalp massage and stress points on the face.	Intensity: Varies Purpose: To release mental and physical stiff muscles	<b>60 min.</b>	<b>390 NIS</b>
M4	<b>Stone therapy</b>	This unique treatment combines hand massage and hot basalt stones.	Intensity: Medium Recommended: An indulgent treatment in order to provide general release.	<b>60 min</b>	<b>390 NIS</b>
M5	<b>Hot Massage</b>	A medical massage combined hot basalt stones.	Intensity: Varies Recommended: To release muscles.	<b>60 min</b>	<b>410 NIS</b>
M6	<b>Lymphatic Massage</b>	A therapeutic massage that helps to replenish the cellular tissue, influence the nervous system and stimulate the immune system.	Intensity: Varies Recommended: After surgery or for detox	<b>60 min.</b>	<b>390 NIS</b>
M7	<b>Deep Tissue</b>	A deep, focused massage technique. Designed to relieve muscles and tense areas through out the body.	Intensity: Deep Recommended: Massage that focuses on both the mind and the deepest muscle layers.	<b>60 min.</b>	<b>425 NIS</b>
M8	<b>Shells Massage</b>	Originally from the Philippines. The Shells are natural and contain calcium, carbonate, variety of seaweeds and minerals. The massage is done with hot aromatics oils in different techniques of massage.	Intensity: Medium Recommended: indulging treatment. Providing the body's perfect peace and releases general tensions.	<b>60 min.</b>	<b>410 NIS</b>
M9	<b>Shiatsu</b>	A treatment from the Far East, carried out by pressing along the body's energy pathways and rocking (manipulation of the joints). The treatment is carried out in comfortable clothing.	Intensity: Varies Recommended: To release physical and emotional tension	<b>50 min.</b>	<b>390 NIS</b>
M10	<b>Back &amp; Neck or Head &amp; Neck</b>	Medical back massage, focusing on relieving areas of chronic stresses	Intensity: Medium to deep Recommended: For desk workers and all those who feel like the world is on their shoulders!	<b>30 min.</b>	<b>285 NIS</b>



M11	<b>Lumielumie</b>	Originally from Hawaii. The massage is carried out with the wrists and forearms as well as with the fingers, using circular movements to increase blood flow. A liberating, relaxing, and invigorating massage	Intensity: Deep Recommended: For all those seeking a massage that focuses on both the soul and the deepest muscle	<b>50 min.</b>	<b>380 NIS</b>
M12	<b>Polarity</b>	Pampering massage focusing on the hands, scalp and legs.	Intensity: Medium Recommended: mental relief from the day routine.	<b>50 min</b>	<b>335 NIS</b>
M13	<b>Reflexology</b>	Massaging and applying pressure to the soles of the feet, according to the theory that parts of the body correspond to areas of the feet.	Recommended: For balance and general relaxation	<b>30 min.</b> <b>50 min</b>	<b>250 NIS</b> <b>355 NIS</b>
M14	<b>Feet Massage</b>	A massage which stimulates the blood cycle and helps to release tensions.	Intensity: Varies Recommended: For veins problem and tired feet.	<b>30 min.</b>	<b>285 NIS</b>
M15	<b>Massage for Expectant</b>	A special massage intended for pregnant women, which can be carried out either lying on one side or while sitting. Offered from the 21 <sup>th</sup> week.	Intensity: Gentle	<b>40 min.</b>	<b>310 NIS</b>
M16	<b>Classic</b>	A massage which stimulates the blood circulation and intensifies the natural metabolism. Used with pure Oil.	Intensity: Gentle Recommended: To release general stress	<b>30 min.</b> <b>50 min.</b>	<b>250 NIS</b> <b>360 NIS</b>
M17	<b>Aromatic</b>	A gentle massage with aromatic oils. Our therapist will use oils of your choice.	Intensity: Gentle Providing the body perfect peaceful and floating sensation.	<b>30 min.</b> <b>50 min.</b>	<b>255 NIS</b> <b>365 NIS</b>
M18	<b>Ayurveda, Indian massage</b>	The treatment begins with a gentle wipe of heated sesame oil followed by soft massage strokes along the length of the body and ends with shirodhara – pouring oil on the center of the forehead (“third eye”). Includes scalp and facial massage.	Intensity: Gentle Recommended: The ultimate treatment for balancing body and mind	<b>60 min.</b>	<b>410 NIS</b>
M19	<b>Anti-Cellulite Massage</b>	A unique massage for cellulite areas, using special fat-burning oils.	Intensity: Deep Recommended: For women with signs of cellulite	<b>40 min</b>	<b>310 NIS</b>

- *It is possible to indulge the massages with aromatic body butter based on shea oil for a surcharge of 15 NIS*



### **Body Treatments**

B20	<b>Espresso Chocolate</b>	The perfect treatment for refreshing and rejuvenating your skin includes four indulgent steps: Step 1 – coffee peeling – cleans the skin with coffee granules and rejuvenate the skin cells. Step 2 – a hot chocolate wrap- improves the skin elasticity, as an anti-aging treatment. Step 3 – relaxing foot massage: enjoy pure relaxation with a soothing and pampering foot massage for a deep sense of calm. Step 4 – rich body butter: finish with a nourishing body butter application for deep hydration and skin firming.	Energizing Recommended: To everybody	<b>70 min.</b>	<b>420 NIS</b>
B21	<b>Coconut &amp; Honey</b>	The perfect treatment for refreshing and rejuvenating your skin includes four indulgent steps: Step 1 – coconut body peeling: begins with a delicate coconut flake scrub that removes dead cells, renews and refreshes the skin, and provides natural hydration to nourish, soften, and balance your skin. Step 2 – natural honey wrap: an antibacterial wrap that helps reduce acidity and toxins, giving your skin added flexibility and radiance. Step 3 – relaxing foot massage: enjoy pure relaxation with a soothing and pampering foot massage for a deep sense of calm. Step 4 – rich body butter: finish with a nourishing body butter application for deep hydration and skin firming. Come experience the magic of nature on your skin	Energizing Recommended: To everybody	<b>70 min.</b>	<b>420 NIS</b>
B22	<b>Black Pearl</b>	A combination of aromatic body peeling in order to remove dead skin cells and mud wrap to release tensions and enrich the skin with minerals.	Intensity: Energizing Recommended: To everybody	<b>60 min.</b>	<b>370 NIS</b>
B23	<b>Lotino</b>	A combination of aromatic body peeling in order to remove dead skin cells and seaweed wrap to enrich the skin with vitamins for better elastic skin.	Intensity: Energizing Recommended: To everybody	<b>60 min.</b>	<b>390 NIS</b>
B24	<b>Mineral Salt Exfoliation</b>	Cleanses the skin (removing dead skin cells) using an invigorating massage based on mineral salt granules and basic oil.	Intensity: Energizing Recommended: To everybody	<b>30 min.</b>	<b>250 NIS</b>
B25	<b>Aromatic Salt Exfoliation</b>	Cleanses the skin (removing dead skin cells) using an invigorating massage based on salt granules and aromatic oil .	Intensity: Energizing Recommended: For a sense of freshness and body purification	<b>40 min.</b>	<b>265 NIS</b>
B26	<b>Anti-Cellulite Exfoliation</b>	Body Peeling with salt granules and pepper oil.	Intensity: Energizing Recommended: To everybody	<b>40 min.</b>	<b>280 NIS</b>



B27	<b>Coconut Exfoliation</b>	A delicate coconut flake scrub that removes dead cells, renews and refreshes the skin, and provides natural hydration to nourish, soften, and balance your skin.	Intensity: Energizing Recommended: To everybody	<b>30 min.</b>	<b>255 NIS</b>
B28	<b>Coffee Exfoliation</b>	Unique peeling based on coffee granules. Removing dead skin cells, improving the skin elasticity & improving the skin shade. This peeling will leave your skin toned and elastic, Smooth, shiny and healthy.	Intensity: Energizing Recommended: To everybody	<b>30 min.</b>	<b>255 NIS</b>
B29	<b>Mud Wrap</b>	A warm mud body wrap, rich in minerals, the warm mud helps in relieving joint pain and offer general relaxation.	Recommended: Beneficial for everyone's health, especially those with joint pain and skin complaints	<b>40 min.</b>	<b>250 NIS</b>
B30	<b>Seaweed Wrap</b>	Rich in minerals, beta carotene and organic essences that help to create new skin cells and balance the skin's moisture.	Recommended: For everyone especially for skin and joints problems.	<b>40 min.</b>	<b>265 NIS</b>
B31	<b>Mud &amp; Seaweed Wrap</b>	A combination of mud and seaweed.	Recommended: For everyone	<b>40 min.</b>	<b>280 NIS</b>
B32	<b>Chocolate Wrap</b>	Providing moisture and improves the elasticity of the skin.	Recommended: For everyone	<b>40 min.</b>	<b>280 NIS</b>
B33	<b>Sulphur Pool</b>	Bathing in heated sulphur pools has been known for many years to be effective in treating aching joints and soothing the skin	Opening hours: Sunday – Saturday 08:00-15:00 Pleas make a reservation before.	<b>20 min.</b>	<b>55 NIS</b>
B34	<b>Hamam "Lotus"</b>	Day entrance with personal kit			<b>45 NIS</b>

### **Treatment Packages**

P40	<b>"Release"</b>	Mud Wrap 30 min. Deep Tissue Massage 60 min. Reflexology 30 min.	<b>786 NIS</b>
P41	<b>Pampering</b>	Hot Stone Massage 60 min. Seaweed Wrap 30 min. Facial Treatment 40 min.	<b>799 NIS</b>
P42	<b>Beauty</b>	Express 40 min. Body Exfoliation 30 min. Seaweed Wrap 30 min.	<b>680 NIS</b>
P43	<b>Health</b>	Mud Wrap 40 min. Medical Massage 50 min. Sulfur Pool 20 min.	<b>590NIS</b>
P44	<b>Anti- Cellulite</b>	Anti-Cellulite Exfoliation 40 min. Seaweed Wrap 40 min. Anti-Cellulite massage 40 min.	<b>727 NIS</b>



## Beauty Salon

### Lotuspa Specials

Y50	<b>"Remedium"</b>	Sculpturing massage for face, neck and décolleté. This treatment uses a ground-breaking technique which helps to stimulate and repair the facial cells and tissues by intensively activating facial muscles. Provides lifting effect and recovering the face look.	<b>70 min.</b>	<b>420 NIS</b>
Y51	<b>"Zerogravity"</b>	Provides internal harmonic and intensive relaxation. Enhancement of the cheeks tone, reduce the "bulldog" look of the cheeks and "second" chin, reducing fine lines and wrinkles of the mouth area. Enhances clarity of the skin and face lifting.	<b>70 min.</b>	<b>420 NIS</b>

### Anna Lotan

Y52	<b>Classic</b>	Deep cleansing. Face, neck and décolleté massage. Peeling and beauty mask for skin relief and to avoid inflammation. In additional, Seaweed mask for moisture and skin firmness.	<b>50 min</b> <b>70 min.</b>	<b>360 NIS</b> <b>420 NIS</b>
Y53	<b>Express</b>	Pampering facial treatment. including: initial cleanse, exfoliation, mask suited to the specific skin type, and a massage of the face and décollete.	<b>40 min.</b>	<b>285 NIS</b>
Y54	<b>Anti-aging</b>	This treatment increases the level of natural moisture in the skin, prevents damage to the elastic fibers that provide the face with its suppleness, smoothes the outer skin layer and softens the appearance of deep lines. The rich texture of this unique cream series gives the face a soft velvety feeling	<b>60 min.</b>	<b>385 NIS</b>
Y55	<b>Balance</b>	Fit to all types of skin. Includes: initial cleanse, gentle peeling to release the skin from dry and dead cells. Also massage with special oils to provide moisture and two masks according to the skin type.	<b>50 min.</b>	<b>360 NIS</b>
Y56	<b>PRO</b>	This facial treatment offers an ultimate solution for mature skin in dealing with signs of aging. The special ingredients used in this treatment firms the skin and have a rehabilitating and rejuvenating effect. Your skin will look glow and smoother, soft and fresh.	<b>60 min.</b>	<b>385 NIS</b>
Y57	<b>Gold</b>	The series is based on a complex of algae, which is extracted from the North Sea, and combined with herbal additives enabling the skin to withstand environmental and age-related damage. Renews the skin cells enhancement collagen and elastin.	<b>60 min.</b>	<b>385 NIS</b>
Y58	<b>Anna Lotan for Eyes</b>	A treatment to prevent, care and repair eye zone skin damage. Reduces puffiness and minimizes appearance of fine lines.	<b>40 min.</b>	<b>285 NIS</b>
Y59	<b>GREENS</b>	The line of products based on special active formula which combines modern technology and natural ingredients. This combination producing active anti-ageing moisture which provides maximum effect in the skin layers.	<b>50 min.</b> <b>70 min.</b>	<b>360 NIS</b> <b>420 NIS</b>



**Christina:**

Y65	<b>Silk</b>	Penetration of silk fibers, helps to reduce wrinkles, provides smooth and firm skin. The skin will look smooth, silky and the treatment will minimize appearance of fine lines. The treatment speeds up renewal of skin cells that helps the skin glow and looked refreshed.	<b>50 min.</b>	<b>360 NIS</b>
Y66	<b>Wish</b>	Anti-Aging treatment for the needs of mature skin. By using advanced powerful ingredients, we recover the skin damage and help to overcome the lack of balance that is caused by age. Improves the skin firmness, influence all layers of the skin, the treatment helps to create an even, healthy tone. Your skin will glow, and will look firm and fresh.	<b>60 min.</b>	<b>385 NIS</b>
Y67	<b>Unstress</b>	Anti-Aging relaxing treatment. Helps to reduce redness of irritated skin that is suffering from stress damage. Contributes for improvement of the skin circulation, and environment damages. Provides balance and flexibility.	<b>60 min.</b>	<b>385 NIS</b>
Y68	<b>Forever young</b>	Anti-Aging skin firming based on special formula of bio-peptides. Significantly influence of deceleration of the skin aging, improves renewal of tissues, reduces wrinkles and creates an even, healthy tone. This unique repair complex helps to reduce the deep lines firms and provides a rejuvenating effect.	<b>60 min.</b>	<b>385 NIS</b>
Y69	<b>BioPhyto</b>	Based on herbal extracts combination of unique advanced scientific technology ("green"). Restores the vitality and uniform the tone of the skin in order to provide optimum skin balance. Reduces wrinkles and improves the skin's suppleness, the treatment provides a feeling of purification	<b>60 min.</b>	<b>385 NIS</b>
Y70	<b>Comodex Control it now</b>	Comodex. Advanced treatment in order to treat oily skin problems. Comodex delays the progress of the skin's oily gland. Prevents bacterial activity and at the same time helps with renewal and smoothness of the skin	<b>70 min.</b>	<b>420 NIS</b>
Y71	<b>Express</b>	A pampering treatment that helps to balance and refreshing the skin.	<b>40 min.</b>	<b>285 NIS</b>

### **Scalp and Head Treatments**

C80	<b>Scalp Mud Treatment</b>	A scalp treatment including a scalp massage using special oils, and a natural mud mask	<b>40 min</b>	<b>250 NIS</b>
C81	<b>Scalp Seaweed Treatment</b>	A scalp treatment including a scalp massage using special oils, and a seaweed mask	<b>40 min</b>	<b>280 NIS</b>
C82	<b>Scalp Anti-Psoriasis Treatment</b>	A special treatment for psoriasis sufferers	<b>40 min</b>	<b>300 NIS</b>



C83	<b>Eyebrow Shaping</b>	<b>80 NIS</b>
C84	<b>Eyebrow Dyeing &amp; Design</b>	<b>130 NIS</b>
C85	<b>Eyelash or Eyebrows dye</b>	<b>80 NIS</b>
C86	<b>Eyelash and Eyebrows dye</b>	<b>120 NIS</b>

#### **Hand and foot treatments**

E90	<b>Manicure</b>	<b>140 NIS</b>
E91	<b>Medical Manicure</b>	<b>180 NIS</b>
E92	<b>Cosmetic Pedicure</b>	<b>200 NIS</b>
E93	<b>Therapeutic Pedicure</b>	<b>260 NIS</b>
E94	<b>Hand Paraffin treatment</b>	<b>100 NIS</b>
E95	<b>Paraffin treatment &amp; hand massage</b>	<b>180 NIS</b>

#### **Hair Dresser**

H100	<b>Rollers</b>	<b>120 NIS</b>
H101	<b>Blow-dry Sort / Medium / Long</b>	<b>80/100/120 NIS</b>
H102	<b>Short / Long Hair Color</b>	<b>120-150 / 150- 190 NIS</b>
H103	<b>Short Hair Streaks</b>	<b>150-220 NIS</b>
H104	<b>Long Hair Streaks</b>	<b>180 – 260 NIS</b>
H105	<b>Partial Hair Streaks</b>	<b>90 – 150 NIS</b>
H106	<b>Boy / Girl / Haircut</b>	<b>60 / 80 NIS</b>
H107	<b>Short / Long Women Haircut</b>	<b>150 / 180 NIS</b>
H108	<b>Men Haircut</b>	<b>80 NIS</b>
H109	<b>Special Hairdo</b>	<b>180-240 NIS</b>



The Lotuspa offers 20 comfortable treatment rooms. Heated Dead Sea water pool, Jacuzzi, Dry Sauna, Hamam and two sulphur pools. The Gym holds a variety of state of art fitness equipment.

Opening Hours

Sunday through Friday, 08:00 - 18:30. Saturday, 08:00 - 17:00.

**Entrance to the SPA is from the age of 16.**

Cancellation or change of a treatment must be done at least 24 hours in advance.  
Cancellation without advance notice will be charged 100% of the treatment price.  
Please arrive to the treatment Lobby 10 minutes before the time scheduled.

Opening hours of the SPA can be changed.

For your utmost convenience, please make your appointments at the Spa reservation desk or call 2242 or 2244 from your hotel room phone. You can also call through the operator 08-6689200,  
E-Mail: [spalot@lothotel.co.il](mailto:spalot@lothotel.co.il)